



**YMCA BC Child Care
Resource & Referral**

nbc.ymca.ca/child-care-resource-referral/



scan to register!

Spring 2024 Professional Development

Important Workshop Policies and Information

Registration Policies and Procedures

- Register online via myNBCY.ca or by phone at 250-563-2483.
- Payment options include American Express, MasterCard, Visa or Debit.
- Refunds will only be given to registrants who provide a minimum of 5 working days notice and are subject to a \$5.00 administration fee per workshop.
- Workshops may be cancelled due to insufficient enrollment and other factors outside of our control. In the event of cancellation, a full refund will be issued.

In Person Courses/Workshops Policies

- Workshops start promptly at the time indicated.
- Late arrivals will not be permitted 15 minutes after the start time.
- Participants leaving early will have their certificates adjusted.
- If you are feeling unwell or exhibiting flu like symptoms, please do not attend and risk infecting others.
- We cannot guarantee a scent-free environment.
- We are unable to accommodate children during courses, workshops, or networking events.

Online Courses/Workshops Policies

- Workshops start promptly at the time indicated and will be held on Zoom or MS Teams.
- It is recommended to use a laptop or computer.
- Late arrivals will not be admitted 15 minutes after the start time.
- Participants leaving early will have their certificates adjusted.
- Cameras need to be on and participants need to be in view for the entire duration of the course/workshop to receive a certificate of completion.
- Refunds will not be given due to technical difficulties with your equipment.

The YMCA BC Child Care Resource and Referral provides certificates of completion for all courses and workshops. When claiming a workshop or course for training hours it is the responsibility of the participant to check with the ECE Registry or Community Care Licensing.

Workshop Locations

Prince George CCRR

2020 Massey Dr., Prince George, BC,
nbc.crr@bc.ymca.ca • 250-563-2483

Mackenzie Recreation Centre

400 Skeena Drive, Mackenzie, BC,
nbc.crr@bc.ymca.ca • 250-563-2483

Online

Zoom or MS Teams



The YMCA BC CCRR program is funded by the Province of British Columbia.



Ministry of
Education and
Child Care

Responsible Adult

20 Hour Child Care Training Course



This course meets the requirements of 20 hours training to become a “Responsible Adult” as stipulated by Child Care Licensing Regulations. The content covers child development, guiding behaviour, health, safety, nutrition and programming. The course is live and interactive, so participants must have video and audio capabilities, as well as participate and attend all sessions in order to receive the certification at the end of the course.

To sign up for this course participants must:

- Be 19 years of age
- Have minimum Grade 8 English written and oral skills
- Attend all scheduled sessions

Once the training is complete, participants are eligible to work as a Responsible Adult in:

- School-age Child Care Programs
- Licensed Family Child Care
- Registered License-Not-Required Child Care
- As additional support or substitute in Licensed Preschool and Licensed Child Care Programs
- Summer Camps

Dates: Monday to Friday, June 17 - 28, 2024

Time: 10:00AM - 12:00PM

Location: Online via MS Teams

Cost: \$65

Presenter: CCRR Consultant

**Register online at www.mynbcy.ca
or by phone at 250-563-2483**



METIS CULTURAL BIN

Wednesday, April 10, 2024 • 10:00AM-4:00PM
• CCRR Family Room • 2020 Massey Drive • Fee: Free •
Suitable for child care providers and child care workforce.

Aansaamb aen kiskayhtaamaahk – Learning Together” (Heritage Michif, translated by Norman Fleury) is a professional learning guide, resource kit and three professional development workshops intended to support early learning and child care professionals to integrate Métis content in early years programming. The six-hour workshops provide additional opportunities to support incorporating Métis specific teachings within early learning programming, promoting learning environments in which Métis culture is recognized and celebrated.

Presenter: Erica Henderson (Metis Nation BC)

Erica Henderson has spent the past 30 years working in the Early Years field. During that time she has owned and operated her own licensed Child Care Facility, worked with Families through the Pregnancy Outreach Program, was a Child Care Resource and Referral Coordinator and Early Years Program and Services Manager for a non-profit. Erica has extensive experience facilitating parenting programs, Early Years Educator workshops and supporting families through the Early Years. Erica works for Métis Nation BC, within the Ministry of Education as a Child Care Navigation and Support Coordinator. She is a mother of 2 two grown children and lives in the South Cariboo on the traditional lands of the Secwepemc Peoples where she enjoys spending time with her family hiking, fishing and camping.

LIVING WITH BEARS – BEARS AWARENESS

Thursday, April 25th, 2024 •6:30-8:30PM • Mackenzie Recreation Centre, Sas Da’ghe Room • Fee: Free •
Suitable for child care providers, child care workforce and parents.

Living in beautiful Northern British Columbia, we see our fair share of bears! What do we should a bear approach us or children playing in a playground? Through this workshop, we will tackle this question and more.

Presenters: Hilary Desmarais

Hilary Desmarais is a Conservation Officer situated in Mackenzie, BC. Her job encompasses a wide range of duties, from natural resource law enforcement to managing human/wildlife conflict. Part of managing human/wildlife conflicts includes preventing the conflict in the first place through education and enforcement. The goal of the Conservation Officer Service is to proactively prevent these interactions before wildlife becomes a risk to public safety. Proactive management includes providing education around animal behaviour, including what kind of behaviours indicate aggression, and requiring people to manage attractants, such as garbage and fruit trees, to prevent wildlife from being in close proximity to people.





MUD KITCHEN

Saturday, April 20th, 2024 • 10:00AM-12:00PM • CCRR Family Room & Child Care Playground • 2020 Massey Drive • Fee: \$5.00 • Suitable for child care providers, child care workforce and parents.

Many children love to play in the mud! They get so much joy from the pretend play of a Mud Kitchen. Getting dirty, making “cupcakes” and “potions”, imitating mum and dad in the kitchen, experimenting with measurements, pouring, mixing and developing communication skills as they socialize with their peers are but a few advantages of playing with a Mud Kitchen. Learn about this adaptable piece of play equipment and the way it can help children develop and how making your own will not break the bank!

Children are welcome to join us!

Presenter: CCRR Consultants

POSITIVE DISCIPLINE IN SCHOOL AGE CARE

Saturday, April 27th, 2024 • 10:00AM- 1:00PM • Online via Zoom • Fee: \$10.00 • Suitable for child care providers, child care workforce and parents.

Behaviour is a form of communication. Children will communicate in the most effective and efficient manner available to them at any given time. How we communicate with children, both verbally and non-verbally, can and does influence their behaviour. Join Christine Hibbert as we explore some of the factors that influence a child’s behaviour and help us to work with the child in ways that contribute to their growth and development in positive ways.

Presenters: Christine Hibbert

Christine was the Executive Director of Jericho Kids Club in Vancouver, now retired. She holds an ECE certificate and for most of her career has worked in the school-age child care sector. She provides learning opportunities for the child care sector on a variety of practice-related and administrative/management issues. She contributes expertise to the Board in human resources management and organizational planning as well as child care. She is passionate about promoting child care as an integral and vital part of the full spectrum of essential child and family services.

3-hour
Professional
Development
certificate sent
upon
completion





MALICOUNDA DRUMMING

Thursday, May 2nd, 2024 • 6:00-8:00PM • Online via Zoom • Fee: \$10.00 • Suitable for child care providers, child care workforce and parents.

Louise Raymond will introduce the concepts of rhythm and melody as she invites participants to discover the joy of music through a child's eye. By gathering everyday utensils and equipment found around the home, Louise will demonstrate that music can be found anywhere and that you do not need expensive instruments to make it.

Presenter: Louise Raymond

Malicounda's founder, Louise Raymond, was fortunate to study with master drummers and dancers from around the world. Louise is extremely grateful and appreciative that she has been able to experience the beauty of dance and the power of rhythm through these generous artists.

Louise Born and raised in Quebec studied traditional dance, percussion, and ice skated professionally for several years. She traveled extensively in Central and South America, West Africa, Europe, and California where she studied at San Francisco State University and the Bay Area. These studies have greatly expanded Louise's worldview and life vision.

For 30 years, with all her love, Louise has shared her passion and respect for this vital culture, touching the lives of several thousands of people- children, youth, adults, and elders- through rhythm.

CONTAINER GARDEN WORKSHOP

Saturday, May 4th, 2024 • 10:00AM-12:00PM • Hunniford Gardens • 8845 Aquarius Rd • Fee: \$10.00 • Suitable for child care providers, child care workforce and parents.

Want to grow fresh fruits and vegetables for the children in your centres but do not have the space? Or brighten up your outdoor space with some colourful and fragrant flowers but do not have a garden? Learn how you can use a variety of containers as a place to grow plants of all kinds. Art Knapp experts will introduce you to the basics of Container Gardening.

Presenter: Heidi Wyss & Hunniford Gardens



Children are welcome to join! 3 per adult



JIG DANCING

Saturday, May 4th, 2024 • 9:00AM-1:00PM • YMCA Highland Development Centre Gym • 155 McDermid Drive • Fee: \$10.00/adult (free for children/limit 3 per adult • Suitable for child care providers, child care workforce and parents.

Join Métis Bev (Lambert) as she introduces us to the wonderful world of Jig Dancing. Métis Jig Dancing originated in the Red River area. It is a combination of First Nations dancing and Scottish and French-Canadian step-dancing and reel, jig and quadrille steps. Bev will be teaching traditional Metis dances while exploring the physiological, emotional, physical and spiritual components of dance to empower and lift us up

Presenter: Métis Bev Lambert

Born and raised in a Métis Community, Fort Vermilion Alberta, Beverly has been dancing since she was knee high to a grasshopper.

Bev is so proud of her unique Métis Heritage she wants the next generation to know their roots and have a sense of a belonging. She is passionate about teaching children to be proud of themselves. Beverly has traveled across the province promoting Culture to Schools, Provincial & Federal Government, Institutions, Metis Communities Cultural Festivals and Olympic VANOC & FHFN Cultural Pavilion.

She believes that culture is an educational experience and includes four components of learning; physiological, emotional, physical and spiritual. She demonstrates that the traditional ways of Métis people, through laughter and fun, can heal the heart. Her belief is that this experience will provide purpose and meaning and will help us to realize all inner potentials and enhance self-esteem.



CHILD CARE APPRECIATION EVENT

Friday, May 17th, 2024 • 6:30 - 8:30PM • College of New Caledonia Event Space • 3330-22nd Ave. • Fee: Free • Suitable for child care providers, child care workforce

As a way to show our gratitude for all that you do to help children and the community, CCRR would like to invite you to this special Appreciation Dinner. This event will be a chance to celebrate the tireless work that the child care workforce in Mackenzie and McLeod Lake do for the Early Years profession and a chance to socialise with like-minded people. Dinner will be provided and a chance to win some door prizes!

Presenter: Danielle Schumuecker (CCRR Consultant)



CHILD CARE APPRECIATION NETWORKING & LUNCHEON

Saturday, May 25th, 2024 • 10:00AM - 1:00PM • Prince George Golf and Curling Club • 2601 Recplace Dr. • Fee: Free • Suitable for child care providers, child care workforce

The theme of this appreciation event will be on the topic of Self-Care. Join CCRR and guest speaker, Krystel McKinnon, for a fun networking event to celebrate all the hard-work and dedication of child care providers in the Prince George and surrounding areas. Crystal will teach us the art of Tapping Therapy – an indigenous self-care technique to help us de-stress from the challenges and complications of our daily lives.

Presenter: CCRR Consultants & Krystel McKinnon

Krystel is Nisga'a and Wet'su'weten and carries her mother's crest of the White Grizzly.

She is the first generation in her family to not attend an Indian Residential School and her goal is to assist communities in healing. She has a background in Criminology and extensive experience working with high-risk youth and their families.

She is a mother of a 22-year-old young man who has Cerebral Palsy, and she is a well-known advocate for the Special Needs Community. With her own unique experiences and obstacles in life, she offers an inspiring story and is here to bring tools of knowledge on how to relieve our body of the energies we hold that cause us to be physically ill and mentally exhausted.

Krystel is a certified practitioner of EFT Tapping (Emotional Freedom Technique). Tapping has been scientifically proven to have fast, effective and often immediate and long-lasting effects of removing stress from the body.

Door Prizes!

Lunch provided by Prince George Golf & Curling Club

50 spaces available!





CYBER BULLYING & SOCIAL MEDIA AWARENESS

Thursday, June 13th, 2024 • 6:00 - 8:00PM • CCRR Family Room • 2020 Massey Drive • Fee: Free • Suitable for child care providers, child care workforce

Children can access technology at younger and younger ages, causing concern amongst parents and educators as to what is appropriate and how to speak to them about its many inherent dangers. Constable Haunts, from Prince George Community Policing, will share her expertise on this matter, thereby giving parents and educators the tools needed to approach this serious topic in a healthy and stress-free way.

Presenter: Constable Mireille Haunts

Constable Mireille Haunts has been a member of the RCMP for 19 years, starting her career in Surrey. She is now with the Prince George detachment. Mireille's background work was in front line policing taking calls for service, the Drug Task Force, arresting criminals for selling illicit drugs to people in the community and Serious Crimes, dealing with homicide investigations. Her current role is a Community Policing Officer where she educates children and adults about how to stay safe in this ever-changing world

Light refreshments will be provided!



COFFEE & CHAT NETWORKING EVENT

Starting Saturday, June 22nd, 2024 • 10:00AM - 12:00PM • CCRR Family Room • 2020 Massey Drive • Fee: \$5.00 • Suitable for child care providers, child care workforce

Join CCRR consultants every last Saturday of the month (barring Stat holidays, closures & planned events). A chance to network with fellow professionals in the Early Years community. Each meeting will either cover different topics pertaining to child care or have a Make and Take to share. Topics will be posted a week before.



Come visit us!

Prince George CCRR

2020 Massey Dr.,

Prince George, BC,

250-563-2483

nbc.crr@bc.ymca.ca

nbc.ymca.ca/child-care-resource-referral/



[twitter.com/
NBCY](https://twitter.com/NBCY)



[facebook.com/
NBCYMCA](https://facebook.com/NBCYMCA)



[instagram.com/
YMCAPGCCRR](https://instagram.com/YMCAPGCCRR)

*Follow us & join our newsletter
to stay up to date!*



<https://nbc.ymca.ca/child-care-resource-referral/>



Ministry of
Education and
Child Care