



ccrr  
Child Care Resource & Referral



# Active Play

Join CCRR every Tuesday to support Active Play in Children. We will have a variety of activities that will encourage moderate to vigorous bursts of energy. We will include both adult and child activities that support fundamental movement skills involving different parts of the body such as feet, legs, trunk, head, arms, and hands.

**Tuesdays**  
**10:00am to 11:30am**

**Location:** Highland Family Development Centre  
(155 McDermid Drive)

*For more information, call 250 563 2483 or Toll Free: 1 800 680 6699*



*Funded by the province of  
British Columbia*

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