

YMCA of Northern BC Safety Plan Condensed

Purpose: To eliminate and reduce risk during the COVID-19 Pandemic through the following measures.

1. All staff must practice two meters physical distancing, wherever possible.
2. Occupancy limits are generally 50% capacity including aquatics. Signage is not required to be posted but may be useful to support physical distancing. Gyms have capacity limits based on spacing 7m² with capacity limit of 25 for group fitness. Signage will be posted in some facilities where required and to support physical distancing.
3. All team meetings, wherever possible, should occur virtually.
4. Where operationally possible, staff who can work from home, should.
5. All sites with reception areas will have plexi-glass barriers.
6. All staff members must be trained in COVID-19 safety training.
7. All staff must complete a health screen prior to entering the worksite.
8. Staff must not enter the workplace if they are sick, answer yes to health screening questions, or test positive for COVID when rapid testing or other testing. If a staff person becomes sick while on shift, they must leave immediately.
9. All staff are responsible for conducting health screening of participants as per their site guidelines. Participants who are sick are not able to enter the program. Vaccination passports are required in all health, fitness, and aquatics facilities and, depending on current restrictions, may also be required for groups or other facilities.
10. All staff must ensure that program procedures are followed to ensure contact tracing information for themselves and program participants is documented.
11. All supervisors are responsible for ensuring that the required COVID-19 signage is posted and up to date.
12. Masks are recommended for YMCA staff, but not required. Staff who work in child care or in health care facilities must wear masks as sector specific guidelines require.
13. Masks are strongly encouraged but not required for participants in YMCA sites. Masks must be worn in health care facilities as sector specific guidelines require.
14. All staff must adhere to program cleaning and disinfecting requirements.
15. All supervisors must ensure that the appropriate cleaning, disinfecting and PPE is located on site.
16. All staff must uphold the principles and protocols outlined in the COVID-19 Human Resources policy. This includes a requirement for unvaccinated staff to self-administer rapid tests twice weekly, prior to work.

17. Detailed site-specific work safety plans are reviewed regularly and posted on OHS bulletin boards and our website.