



Adventure awaits!

YMCA CAMP KANANNAQ 2020 PROGRAM GUIDE

WELCOME TO YMCA CAMP KANANNAQ

Whether you are a longtime camper or joining us for the first time, YMCA Summer Camps are where summer happens! Serving our community for twelve years, we believe that connection to nature is fundamental for helping children and youth thrive, which is why we offer a program for every stage of your child's journey.

We are committed to meeting the growing needs of our community and continuing to provide our campers with meaningful camp experiences at one of the best YMCA Day Camps in the country.

We are so grateful to you for choosing YMCA Camp Kanannaq and trusting us with your most valued treasure. I cannot wait for another memorable camping season where campers feel the true magic of camp at my favourite place on earth.

In Camping,
Stephanie Deol

Director of Communications and Philanthropy,
President of the BC Camps Association



*"The YMCA has a great reputation for quality care and fun for kids."
- Camp Parent*

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OUR STAFF

At YMCA Camp Kanannaq, you can have peace of mind knowing that your children are safe and well cared for. We carefully select our counselors and provide them with the highest quality training in the industry, including National Lifesaving, Wilderness First Aid, and Paddle Canada Certification. Our experienced staff will build positive relationships with each camper in our camp community that focuses on the YMCA Core Values of honesty, caring, respect, responsibility, and inclusivity.

LOCATION & FEATURES

YMCA Camp Kanannaq is the perfect setting for your child to find new friends, discover new experiences, and create new memories that will last a lifetime. Join us at our expanded location at Camp Hughes on beautiful West Lake. Enjoy the experience of traditional summer camping, without staying overnight. (Each day we provide transportation to and from our lakeside location.)

Activities include: archery, bannock, campfire, canoeing, crafts, Kanannaq Olympics, kayaking, s'mores, skits and songs, swimming, team building, waterslide, water trampoline, and more!

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PROGRAM OVERVIEW

All YMCA camp programs operate Monday through Friday from **8:15am - 4:45pm**. Out-trip schedules will be provided upon registration. Camp is closed for the Canada Day and BC Day statutory holidays.

LUNA

Our day camp program for ages 5-6 years is uniquely designed to inspire an appreciation for the outdoors and provide a taste of camping, with an emphasis on fun, friendships, and trying new activities such as, canoeing, archery, games, and wilderness activities! All Luna campers must have completed kindergarten prior to attending camp.

SOLARIS

Our day camp program for ages 7-12 years incorporates traditional aspects of camp such as canoeing, arts and crafts, archery, swimming, games, and wilderness activities for children of all skill levels. Team games, songs, and the infamous Camp Kanannaq Funky Fridays will ensure campers spend a fun-filled week developing friendships and learning new skills.

POLARIS

We are proud to emphasize inclusion with our Polaris program for special needs campers ages 13-18 years, where campers participate in all activities alongside our Solaris campers. Polaris incorporates

traditional aspects of camp such as canoeing, arts and crafts, archery, swimming, games, and wilderness activities for children of all skill levels. Team games, songs, and the infamous Camp Kanannaq Funky Fridays will build confidence and leave campers with a sense of belonging.

AURORA

Our Aurora Leadership Program empowers leadership development for youth ages 13-15 years through a solid foundation of technical skill building and a three night out-trip to either Mount Robson, Carp Lake, or the Bowron Lakes West Side Circuit. Campers will leave with a new sense of self-confidence, lasting memories, and life-long friendships.

BOREALIS

Our Borealis Counselor-in-Training (CIT) Program provides leadership development for youth ages 15-17 years with specialized training, personalized coaching and mentorship, leadership opportunities, technical skills, and enriching experiences through practical learning.

Our Borealis Expedition provides youth the opportunity to refine their technical skills, build life-long friendships and discover a new sense of self through an eight night canoe journey on the Bowron Lake Circuit.



*"The camp staff are very friendly and welcoming."
- Camp parent*

LUNA

AGES 5-6

SOLARIS

AGES 7-12

POLARIS

AGES 13-18

A DAY AT CAMP

- 8:15AM SIGN IN AT DROP OFF LOCATION
- 9:00AM ARRIVE AT CAMP & OPENING CAMPFIRE
- 9:30AM CAMP WIDE GAME & SNACK
- 10:00AM TEAM ACTIVITIES
- 12:00PM LUNCH
- 12:30PM CAMP WIDE GAME
- 1:00PM CAMPER CHOICE BLOCK
- 3:15PM CLOSING CAMPFIRE
- 4:00PM LEAVE CAMP
- 4:45PM SIGN OUT

Activities include: canoeing, kayaking, crafts, team building, campfire, skits and songs, swimming, waterslide, water trampoline, and Kanannaq Olympics.

DATES & TIMES

SESSION 1	JUNE 29 - JULY 3 (closed July 1)
SESSION 2	JULY 6 - JULY 10
SESSION 3	JULY 13 - JULY 17
SESSION 4	JULY 20 - JULY 24
SESSION 5	JULY 27 - JULY 31
SESSION 6	AUGUST 4 - AUGUST 7 (closed August 3)
SESSION 7	AUGUST 10 - AUGUST 14
SESSION 8	AUGUST 17 - AUGUST 21



"My child always has a great time at Camp Kanannaq, so it has become a 'must do' for us!"

-Camp Parent



*"My child always has a blast.
He would love to go all summer.
He learns so much, like kayaking!"*

-Camp Parent

Campers will hop on the Y Bus each morning and sing camp songs until they arrive at West Lake for a day of camp fun including challenge course, archery, forest games, canoeing, swimming, and s'mores! Campers will try new activities each day and spend extra time on their favourites. Our enthusiastic Camp Counselors will build positive relationships with each camper, recognizing what makes them unique and making them feel a true sense of belonging to the camp community.

Through our value bead program, campers will be encouraged to create an environment of honesty, caring, respect, responsibility, and inclusivity.

No day at camp is complete without a campfire! Campers will share about their day, and laugh and sing as they finish the

day together before hopping on the bus to return home. Families have the opportunity to share their camper's experience with a Camper Development Form, where Counselors share specific stories from each camper's adventure!

All Luna campers must have completed kindergarten prior to attending YMCA Camp Kanannaq. We emphasize inclusion and offer our Polaris campers the opportunity to participate in all activities alongside our Solaris campers.

Registration package and details, including packing lists, important information, and policies, can be found on our website at nbc.ymca.ca/camps-outdoor-education/camps/camp-kanannaq/.

"It was an amazing experience that I will never forget. On the trip I felt more connected to nature since it was my first time sleeping in a tent."

-Aurora Camper



PRINCE GEORGE PROGRAM ITINERARY

DAY 1	TEAM BUILDING & CANOEING
DAY 2	DAY TRIP
DAY 3	KAYAKING & LEADERSHIP DEVELOPMENT
DAY 4	DAY TRIP
DAY 5	PACKING & TRIP PREPARATION
DAY 6	DEPART ON OUT-TRIP
DAY 7	OUT-TRIP
DAY 8	OUT-TRIP
DAY 9	RETURN HOME

For more information on what to pack, please visit nbc.ymca.ca/camps-outdoor-education/camps/camp-kanannaq/

AURORA LEADERSHIP PROGRAM • AGES 13-15 YEARS

DATES & LOCATIONS

PRINCE GEORGE

Session	Out-trip Information		
	Location	Activity	Dates
Session One	Carp Lake	Canoe	June 29 - July 3 (Closed July 1), July 6, & July 7 - 10 (Out-trip)
Session Two	Mt. Robson	Hike	July 14 - 17 (Closed July 13 for Aurora), July 20, & July 21 - 24 (Out-trip)
Session Three	Bowron Lakes	Canoe	July 27 - 31, & August 4 - 7 (Out-trip) (Closed August 3)

ACTIVITIES INCLUDE:

- Archery
- Campfires
- Canoeing
- Crafts
- Journaling
- Kayaking
- Leadership skill building
- Shelter building
- Swimming
- And much more!

The YMCA of Northern BC would like to thank the Ryan Shiels Fund for their continuous support of the Aurora Leadership Program.

BOREALIS • AGES 15-17

COUNSELOR-IN-TRAINING (CIT) PROGRAM

BOREALIS EXPEDITION - EIGHT NIGHT CANOE JOURNEY:

A challenge for advanced canoe trip campers! Join our experienced staff and canoe the world-renowned Bowron Lakes circuit. During this eight night out-trip, campers will develop advanced wilderness technical skills as they paddle, portage, lead trip planning, and navigate maps. Campers will leave with life-long friendships, lasting memories, self-confidence, and an appreciation for nature.

All meals are included and equipment is available. Canoeing experience is required. A detailed itinerary and more information can be found at nbc.ymca.ca/camps-outdoor-education/camps/borealis-counselor-in-training-program/.

BOREALIS COUNSELOR-IN-TRAINING (CIT) PROGRAM:

Borealis guides youth on a journey of self-discovery as they continue to grow as leaders. Each camper's journey begins in June as they take part in pre-camp training to learn about communication, group dynamics, child protection, risk management, and programming. Their discovery continues through summer placement under the mentorship of a seasoned camp staff. With an emphasis on leading and working with others, campers will participate in daily self-reflection and a program that includes theory, observations, and analysis. Whether campers are wanting to become future camp staff, are in need of volunteer hours for graduation, or simply want a meaningful way to spend their summer, the Borealis program will leave them with fond memories, strong friendships, and lasting confidence.

The deadline to apply is June 5th, 2020. Applications are available on our website at nbc.ymca.ca/camps-outdoor-education/camps/borealis-counselor-in-training-program/

BOREALIS EXPEDITION

Session One	August 14 - August 22
Canoe Bowron Lakes - Full Circuit	8 night out-trip: previous canoeing experience required.

CIT SESSION DATES

Session One	June 29 - July 17 (Closed July 1)
Session Two	July 20 - August 7 (Closed August 3)
Pre-Camp	June 24 - 26: Overnight

ADDITIONAL OPPORTUNITIES FOR CIT PROGRAM

Camp Set-Up	June 22 & June 23
Session Three	August 10 - August 14
Session Four	August 17 - August 21
Camp Clean-Up	August 24 & August 25




"Thank you so very much for all you have done - it was a wonderful experience and I enjoyed it very, very much!!!"

-Camper



Prince George
Family Y



Camp
Kanannaq

West
Lake



"My kids always have a great experience and have lots to tell me at the end of the day!"

-Camp Parent

HOW TO REGISTER

Registration for all 2020 YMCA Summer Camps begins on **January 6th, 2020**.

Many of our programs fill up quickly and we encourage you to register early. Registration packages and details including packing lists, important information, and policies can be found on our website at nbc.ymca.ca/camps-outdoor-education/camps/camp-kanannaq/.

FINANCIAL ASSISTANCE

We believe that every child deserves the opportunity to attend camp, which is why our YMCA Strong Kids Campaign provides financial assistance to 1 in 4 campers to attend our summer camp programs. Don't let a child you know miss out on the opportunity of a lifetime. Apply for a campership and give them the confidence they need to thrive. *Application and instructions are available at nbc.ymca.ca.*

BUILDING STRONG KIDS

We strongly believe that every child deserves a camp experience. We ask that you consider making a gift to YMCA Strong Kids. Your gift will make the difference to a child who longs to go to camp.

POLICIES & CANCELLATIONS

Most deposits and full payments are non-refundable. Please read the program information carefully. Full camp policies can be found on our website and on the camp registration forms.



YMCA
**STRONG
KIDS**
CAMPAIGN