YMCA CAMP KANANNAQ
2019 PROGRAM GUIDE

Adventure awaits!
WELCOME TO YMCA CAMP KANANNAQ

Whether you are a long time camper or joining us for the first time, YMCA Summer Camps are where summer happens! Serving our community for over ten years, we believe that connection to nature is fundamental to helping children and youth thrive, which is why we offer a program for every stage of your child’s journey.

We are committed to meeting the growing needs of our community and to continue to provide our campers with meaningful camp experiences in one of the best YMCA Day Camps across the country. This season we are so excited to launch new programs, new extended hours, new adventures, new partnerships and an expanded new location!

We are so grateful to you for choosing YMCA Camp Kanannaq and trusting us with your most valued treasure. I cannot wait for another memorable camping season where campers will feel the true magic of camp in my favourite place on earth.

In Camping,
Stephanie Deol
Manager of Philanthropy, Marketing and Camps
President of the BC Camps Association

“Both of my girls came back with a renewed sense of confidence!”
Camp Parent

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OUR STAFF
At YMCA Camp Kanannaq, you can have peace of mind knowing that your children are safe and well cared for. We carefully select our counselors and provide them with the highest quality training in the industry, including National Lifesaving, Wilderness First Aid, Paddle Canada Certification and more. Our experienced staff will build positive relationships with each camper in our camp community that focuses on the YMCA Core Values of honesty, caring, respect, responsibility and inclusivity.

LOCATION & FEATURES
Camp Kanannaq is the perfect setting for your child to find new friends, discover new experiences, and create new memories that will last a lifetime. Join us at our NEW expanded location at Camp Hughes on beautiful West Lake. Enjoy the experience of traditional summer camp. Each day we provide transportation from the city to and from our lakeside location.

Activities include: archery, bannock, campfire, canoeing, crafts, Kanannaq Olympics, kayaking - NEW!, s’mores, skits and songs, swimming, team building, water slide, water trampoline, and more!
PROGRAM OVERVIEW

All YMCA camp programs operate Monday through Friday from 8:15am - 4:45pm. Out-trip schedules will be provided upon registration.

LUNA- NEW!

Our new day camp program for ages 5-6 years is uniquely designed to inspire an appreciation for the outdoors and provide a taste of camping with an emphasis on fun, friendships, and trying new activities from canoeing, archery, games, wilderness activities and more! All Luna campers must have completed kindergarten to attend camp.

SOLARIS

Our day camp program for ages 7-12 years incorporates traditional aspects of camp such as canoeing, arts & crafts, archery, swimming, games and wilderness activities for children of all skill levels. Individual team games, songs and the infamous Camp Kanannaq Funky Fridays will ensure campers spend a fun-filled week developing friendships and learning new skills.

POLARIS

We are proud to emphasize inclusion with our Polaris program for special needs campers ages 13-18 years, where campers participate in all activities alongside our Solaris campers. Polaris incorporates traditional aspects of camp such as canoeing, arts & crafts, archery, swimming, games and wilderness activities for children of all skill levels. Individual team games, songs and the infamous Camp Kanannaq Funky Fridays will build confidence and leave campers with a sense of belonging to the camp community.

AURORA

Our Aurora Leadership Program empowers leadership development for youth 13-15 years through a solid foundation of technical skill building and a three night out-trip to either Mount Robson, Carp Lake or the Bowron Lakes West-End Circuit. Campers will leave with a new sense of self confidence, lasting memories and life-long friendships.

BOREALIS

Our Borealis Counselor-in-Training (CIT) Program provides leadership development for youth 15-17 years with specialized training, personalized coaching and mentorship, leadership opportunities, technical skills and enriching experiences through practical learning.

Our NEW Borealis Expedition provides youth the opportunity to refine their technical skills, build life-long friendships and discover a new sense of self through an eight day canoe journey on the Bowron Lake Circuit.

“My son tried all sorts of things he’s never tried before, it was his first time being independent and adventurous.” - Camp Parent
A DAY AT CAMP

8:15AM   SIGN IN AT DROP OFF LOCATION
9:00AM   ARRIVE AT CAMP & OPENING CAMPFIRE
9:30AM   CAMP WIDE GAME & SNACK
10:00AM  TEAM ACTIVITIES
12:00PM  LUNCH
12:30PM  CAMP WIDE GAME
1:00PM   CAMPER CHOICE BLOCK
3:15PM   CLOSING CAMPFIRE
4:00PM   LEAVE CAMP
4:45PM   SIGN OUT

Activities include: canoeing, kayaking, crafts, team building, campfire, skits and songs, swimming, water slide, water trampoline and Kanannaq Olympics.

DATES & TIMES

<table>
<thead>
<tr>
<th>SESSION</th>
<th>DATES</th>
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<tbody>
<tr>
<td>SESSION 1</td>
<td>JULY 2 - JULY 5</td>
</tr>
<tr>
<td></td>
<td>(closed July 1)</td>
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<tr>
<td>SESSION 2</td>
<td>JULY 8 - JULY 12</td>
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<td>SESSION 3</td>
<td>JULY 15 - JULY 19</td>
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<tr>
<td>SESSION 4</td>
<td>JULY 22 - JULY 26</td>
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<tr>
<td>SESSION 5</td>
<td>JULY 29 - AUGUST 2</td>
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<tr>
<td>SESSION 6</td>
<td>AUGUST 6 - AUGUST 9</td>
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<td></td>
<td>(closed August 5)</td>
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<tr>
<td>SESSION 7</td>
<td>AUGUST 12 - AUGUST 16</td>
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<tr>
<td>SESSION 8</td>
<td>AUGUST 19 - AUGUST 23</td>
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“My children get to participate in activities they wouldn’t normally get to do and they get to spend time at the lake!” - Camp Parent
Campers will hop on the Y Bus each morning and sing camp songs until they arrive at West Lake for a day of camp fun including a challenge course, archery, forest games, canoeing, swimming and s’mores! Campers will spend time each day trying new activities and spend extra time on their favourites. Our enthusiastic Camp Counselors will build positive relationships with each individual, recognizing what makes them unique, and making them feel a true sense of belonging to the camp community.

Through our value bead program, campers will be encouraged to create an environment of honesty, caring, respect, responsibility, and inclusivity.

No day at camp is complete without a campfire! Campers will share about their day, laugh and sing as they finish the day together before hopping on the bus to return home. Families have the opportunity to share their camper’s experience with an end of week slideshow and their child’s Camper Development Form where Counselors share specific stories from your camper’s adventures!

All Luna campers must have completed kindergarten to attend YMCA Camp Kanannaq. We emphasize inclusion and offer our Polaris campers the opportunity to participate in all activities alongside our Solaris campers.

"Quality of care is exceptional. Camp leaders are engaged and focused on my child." - Camp Parent
ACTIVITIES INCLUDE:
• Archery
• Campfires
• Canoeing
• Crafts
• Journaling
• Kayaking
• Leadership skill building
• Shelter building
• Swimming
• And much more!

“This program has inspired me to follow the core values, enjoy the outdoors and become a great leader.” - Camper

The YMCA would like to thank the Ryan Shiels Fund for their continuous support of the Aurora Leadership Program.
**BOREALIS • AGES 15-17**

**COUNSELOR-IN-TRAINING (CIT) PROGRAM**

**BOREALIS EXPEDITION - EIGHT DAY CANOE JOURNEY:**
A new challenge for advanced canoe trip campers! Join our experienced staff and canoe the world-renowned Bowron Lakes circuit. During this seven night out-trip, campers will develop advanced wilderness technical skills as they paddle, portage, lead trip planning and map navigation. Campers will leave with life long friendships, lasting memories, self confidence, and an appreciation for nature.

All meals are included and equipment is available. Canoeing experience is required. A detailed itinerary and more information can be found at nbc.ymca.ca/camps-outdoor-education/camps/borealis-counselor-in-training-program/

**BOREALIS COUNSELOR-IN-TRAINING (CIT) PROGRAM:**
Borealis guides youth on a journey of self-discovery as they continue to grow as leaders. The camper’s journey begins in June as they take part in pre-camp training to learn about communication, group dynamics, child protection, risk management and programming. Their discovery continues through summer placement under the mentorship of a seasoned camp staff. With an emphasis on leading and working with others, campers will participate in daily self-reflection and program that includes: theory, observations, and analysis. Whether campers are working to become future camp staff, are in need of volunteer hours for graduation, or simply want a meaningful way to spend their summer, the Borealis program will leave them fond memories, strong friendships, and lasting confidence.

The deadline for applications is June 7th, 2019. Applications are available on our website at nbc.ymca.ca/camps-outdoor-education/camps/borealis-counselor-in-training-program/

**BOREALIS EXPEDITION - NEW!**

<table>
<thead>
<tr>
<th>Session One</th>
<th>August 18 - August 26</th>
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<tbody>
<tr>
<td>Canoe Bowron</td>
<td>7 night out-trip: previous canoeing experience required.</td>
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<td>Lakes - Full Circuit</td>
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**CIT SESSION DATES**

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<tr>
<th>Session One</th>
<th>July 2 - July 19 (Closed July 1)</th>
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<tbody>
<tr>
<td>Session Two</td>
<td>July 22 - August 9 (Closed August 5)</td>
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**MANDATORY TRAINING**

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<tr>
<th>Classroom</th>
<th>June 22: 11:00pm - 5:00pm</th>
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<tbody>
<tr>
<td>Pre-Camp</td>
<td>June 26 - 28: Overnight</td>
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**ADDITIONAL VOLUNTEER OPPORTUNITIES**

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<tr>
<th>Camp Set-Up</th>
<th>June 24 &amp; June 25</th>
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<tr>
<td>Session Three</td>
<td>August 12 - August 16</td>
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<tr>
<td>Session Four</td>
<td>August 19 - August 23</td>
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<tr>
<td>Camp Clean-Up</td>
<td>August 26 &amp; August 27</td>
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"The biggest thing I took from being a CIT is the memories, and knowing that everyday I was there, I was helping run an amazing camp." - Camper
“I felt the presence of camp, and it’s too great a feeling to explain! It makes me feel better than I have ever felt.” - Camper

HOW TO REGISTER
Registration for all 2019 summer programs begins on January 15th, 2019. Winter Camp information can be found on our website in fall 2019.

Many of our programs sell out quickly and we encourage you to register early. Registration packages and details including: packing lists, important information, snacks & lunches, and policies can be found on our website at nbc.ymca.ca/camps-outdoor-education/camps/camp-kanannaq/.

FINANCIAL ASSISTANCE
We believe that every child deserves the opportunity to attend camp, which is why our YMCA Strong Kids Campaign financially assists 1 in 4 campers to attend our summer camp programs. Don’t let a child you know miss out on the opportunity of a life time. Apply for a campership and give them the confidence they need to thrive.

Application and instructions are available at: nbc.ymca.ca

BUILDING STRONG KIDS
We believe strongly that every child deserves a camp experience. We ask that you consider making a gift to YMCA Strong Kids. Your gift will make the difference to a child who longs to go to camp.

POLICIES & CANCELLATIONS
Most deposits and full payments are non-refundable. Please read your program information carefully. Full Camp policies can be found on our website and on your Camp Registration forms.