



**YMCA of
Northern BC**

*Celebrating 50 Years
1964 - 2014*

2014 CALENDAR



Building healthy
communities

250.562.9341





YMCA of Northern BC
Celebrating 50 Years
 1964 - 2014

Though the world may be unpredictable, one thing remains certain – the YMCA is, and always will be dedicated to building healthy, confident, secure and connected children and youth, families and communities.



Greetings from the CEO and Chairperson

2013 was an incredible year of change that again furthered the YMCA to be even more accessible to all! A change in the membership structure including free membership for children as well as a wealth of free fitness and recreation programming available to all our members makes it now easier than ever for all members of the family to participate in all great aspects of what our Massey location has to offer.

The Board of Directors and valued staff of the YMCA responded to community needs and thus created a new found vision and resulting legal name change from the Family YMCA to the YMCA of Northern BC. This name change is making our desire to expand our reach, meeting identified community child care and recreation needs across the north. As we build on our regional efforts, our conversations with communities such as Vanderhoof will see fruition in 2014.

Child care hit an all time high of caring for 370 children, membership increased by 20% and program participation grew by 150%! On the charitable side of our work, the 3rd Annual Strong Kids campaign reached its goal of \$18,000 allowing us to send even more underprivileged local children to Camp Kanannaq and Aurora Leadership.

YMCA partnerships continued with Youth Around Prince and recreation programs at Simon Fraser Lodge - we even added a new partnership in 2013 by offering MEND (Mind, Exercise, Nutrition, Do It!) – a family-based wellness program that encourages children and their families to get active.

We donated over \$20,000 in membership gift certificates to other non-profits in support of their fundraising activities. From an operations perspective, policies and procedures that reflect our commitment to keeping children and youth safe were updated by our staff and Board and our role within the YMCA Federation continues to grow. YMCA-directed professional development opportunities ensure we are up to date on all trending issues such as fitness and child care.

On a sadder note, we mourn the sudden passing of Peter Vogt, Board Chair. Peter served on our Board for six years and as Chairperson for three of those years. Peter was passionate about the YMCA mission and he will be missed.

We also want to recognize the accomplishments of our previous CEO, Mark Miller who departed the organization in October. Under Mark's four year leadership, the YMCA underwent significant capital improvements at Massey Drive, took first steps into the regions and increased child care spaces by 45%.

2014 marks our golden anniversary – fifty years of serving children and families. We invite you to join the YMCA as we host activities that share and celebrate our history in northern BC. Look for our exciting collaboration with the 2015 Canada Winter Games as the official Mascot partner.

YMCA activities are supported by hundreds of staff, volunteers and donors who are committed to delivering lasting personal and social change – we share our success with them as we continue to deliver on our mission here in Prince George and into northern British Columbia.

Pat Flack
 Chairperson

Amanda Alexander
 Chief Executive Officer

OUR DONORS!

Amy Hocevar
 Anonymous
 Anthem Postnikoff
 Art and Doreen Dunn
 Bente Lindstrom
 Bernice Daly
 Bill Wilkins
 Brad Halsey
 Brandelyn Hill
 Brittany Fisher
 Bruce Ireland
 Cary Lehmborg
 Cheryl Green
 Cheryl Wallace
 Chris Kinch
 Colleen Bush
 Corrine Hemeryck
 David George
 David McWalter
 Diana Mould
 Elaine Harding
 Elaine MacPherson
 Ellen Corcoran
 Eileen Corcoran
 Emily Alberts
 Eva Patten
 Faydra Aldridge
 Florentina Hermosilla
 Francesa Donker
 Gail Mason
 Gina Rawson
 Glennys Roberts
 Grant Skelly
 Hans Rasmussen
 Heidi Mois
 Hong McLeod
 In Memory of
 - Greg Doucette
 In Memory of
 - Peter Vogt
 Jean Russell
 Joanne Lee-Young
 Joe Postnikoff
 Josh Staub
 Kaija Pukarinen
 Kaitlin Keber
 Karen Cameron
 Kathleen Dalzell
 Katlyn Green
 Katy Wilson
 Kayla Mulholland
 Keith Andersen

Ken Schmitz
 Kerry Solmonson
 Kevin & Deborah Higgins
 Kirsty McWalter
 Lana Shields
 Laura Brough
 Laura Langley
 Lee Andrews
 Lindsay Kehler
 Lorna Grant
 Lynn Anderson
 Lynette Mikalishen
 Lorraine Pohynayko
 Lyle Daly
 Malcom Dunn
 Margaret Goings
 Margaret Aro
 Margaret McWalter
 Mark Miller
 Mary Beth Summers
 Michael Nelson
 Michelle Sellars
 Michelle Prevost
 Mike Stevenson
 Miranda Perrin
 Monica Blommestein
 Nicole Lepine
 Nicole Lavoie
 Noeda Blanchard
 Norm Schmitz & Renee
 Trepanier
 Pat Davidson
 Pat Flack
 Pat and Rob Johnson
 Patricia Knox
 Rob Traxler
 Ron Poliillo
 Ronald Epp
 Rosaleen Scoullar
 Scott McWalter
 Shauna Harper
 Stephanie Mikalishen
 Tami Lemp
 Tara Bogh
 Terry Bonnar
 Tia Kelly
 Todd Prosser
 Towina Lee-Young
 Zahid Islam

2014 CORPORATE PARTNERS

With the generous support of the organizations listed below, the YMCA of Northern BC is able to ensure that every individual has access to the essentials needed to learn, grow and thrive. They believe that a successful community must be inclusive of all its members, regardless of their background or financial means.

A Bid For Change
 Anonymous
 BCGEU Area 11 Committee
 BID Construction
 Canadian Tire
 Central Builders Supply PG Ltd.
 Chinook Scaffold Systems
 Earls Kitchen & Pub
 FMC Corporation
 Fortis BC
 Northern Gateway Pipelines
 Garrett McComb Memorial Fund
 Hummus Brothers Tapas Bar
 JC Hoover Holdings
 Intact Foundation
 Jim Pattison Broadcast Group
 Jumpstart
 Knights of Columbus #8927
 L & M Engineering
 Loblaws
 Ministry of Children and Family Development
 - Children and Youth with Special Needs
 Mountain Equipment Co-op
 Nexen Inc.
 Northern Development Initiative Trust
 Northern Health Imagine Community Grants
 Northland Hyundai
 Prince George Citizen
 Province of British Columbia
 Raise A Reader
 RBC Foundation
 RONA
 Ryan Shiels Fund
 Save-On Foods
 Spruce City Lions Club
 Target
 Tire Stewardship BC
 Traxler Haines
 Uniglobe Sunburst Travel
 United Way of Northern BC
 Vanderhoof Success by 6
 Vanderhoof & District Co-op
 VISTA Radio

PAGE 2

FINANCIAL HIGHLIGHTS

Summary of YMCA of Northern BC Financial Statements Years ended August 31

	2013	2012
OPERATIONS		
Revenue	\$4,246,547	\$3,912,156
Expense	\$4,304,940	\$4,109,338
Net	(\$58,393)	(\$197,182)
Investment in Capital	\$321,367	\$754,904
BALANCE SHEET		
Current Assets	\$773,618	\$710,077
Capital Assets	\$3,034,765	\$3,019,777
Total Assets	\$3,808,383	\$3,729,854
Current Liabilities	\$410,899	\$428,721
Long Term Debt	\$1,444,580	\$1,290,533
Net Assets	\$1,952,904	\$2,010,600
Total Liabilities	\$3,808,383	\$3,729,854

These financial highlights were extracted from Annual Report Statements audited by Fowlie and Co. Chartered Accountants. A copy is available upon request.





Fifty Years of Serving Children and Families...

Incorporated in 1964 by a group of committed volunteers and donors, we have been providing quality, community-based programs such as summer camp, fitness, child care and more to thousands. Over the next twelve months, YMCA staff and Board will be hosting fun and exciting interesting activities in recognition of our history and to celebrate our golden anniversary. You ARE invited!

PAGE 4

JANUARY

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 New Year's Day	2	3	4
5	6	7	8	9	10	11
12	13	14	15 Summer Camp Registration Opens	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31 Pro D Day Child Care	1

notes:

Building healthy communities



Strong Kids

The annual YMCA Strong Kids campaign kicks off on February 15 and runs until March 15. Funds raised during these four weeks are directed to children and families who are unable to afford the full cost of participation in our summer camp programs. Make your donation at www.ymcastrongkids.ca or stop by the YMCA!

FEBRUARY

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3	4	5	6	7	8
9	10 Family Day Open House	11	12	13	14 Valentine's Day One Year to the 2015 Canada Winter Games	15 YMCA STRONG KIDS CAMPAIGN Strong Kids Campaign Begins
16	17 YMCA AGM	18	19	20	21	22
23	24	25	26	27	28	1

notes:

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Charity of Choice

When you make a donation to the YMCA, your donation stays in northern BC and ensures that children and families have access to YMCA programs that build confidence and community. As a reputable charity, you can trust the YMCA to steward donations and other funds in a responsible manner.

PAGE 8

MARCH

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3 Vanderhoof Child Care Opens Road Race & Healthy Kid's Day Marathon Registration Opens	4	5	6	7	8
9 Daylight Saving Time	10	11	12	13	14	15 Strong Kids Campaign Ends
16	17 Spring Break Child Care St.Patrick's Day	18	19	20 First Day of Spring	21	22
23	24 Spring Break Child Care	25	26	27	28	29
30	31					

notes:

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Simon Fraser Lodge

The YMCA provides recreation services to the 130 residents who make their home at Simon Fraser Lodge. Our eight staff organize fun fitness activities, community outings, crafts and more.

PAGE 10

APRIL

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4 <small>Pro D Day Child Care</small>	5
6	7	8	9	10	11	12
National Volunteer Week!						
13 <small>Palm Sunday</small>	14	15 <small>Passover Begins</small>	16	17	18 <small>Good Friday</small>	19
20 <small>Easter Sunday</small>	21 <small>Easter Monday</small>	22 <small>Earth Day</small>	23	24	25	26
27	28	29	30 <small>Deadline to Order Healthy Kids Marathon T-shirt</small>	1	2	3

notes:

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Youth Around Prince (YAP)

YAP is a drop-in centre located in downtown Prince George that provides at-risk street youth a variety of services such as showers, laundry, and more. YMCA staff manage an average of 9,000 visits per year and share space with similar agencies that offer support in areas such as pre-employment training.

MAY

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
4	5	6	7	8	9 Child Care Provider Appreciation Day	10
11 Mother's Day	12	13	14	15	16 Child Care Fall Registration Opens	17
18	19 Victoria Day	20	21	22	23 Aurora Pub Night	24 Jumpstart Day
25	26	27	28	29	30	31 Last Day to Register for the Road Race

notes:

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Healthy Kids Day

Join us at this annual kick-off to summer where we celebrate healthy living! Held the first Sunday of June this popular family event includes the Healthy Kids Marathon and YMCA Canadian Tire Road Race.

PAGE 14

JUNE

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Healthy Kids Day Road Race	2	3	4	5	6 YMC International 170th Birthday	7 YMCA World Challenge 2014
8	9	10	11	12	13	14
15 Father's Day	16	17	18	19	20	21 First Day of Summer
22	23	24	25	26	27	28
29	30 Summer Camp Begins	1	2	3	4	5

notes:

Building healthy communities







www.nbcy.org



Summer Camp

What would childhood be without summer camp? The YMCA offers three traditional summer camp experiences covering ages 5 - 17: Camp Kanannaq, Borealis Counselor-in-Training, Licensed Summer Club and the Aurora Leadership Program. Your child and teen will enjoy the great outdoors, develop confidence and make new friends.

PAGE 16

JULY

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 Canada Day	2	3	4	5
6	7 Aurora Leadership Session 1	8	9	10	11	12
13	14	15	16	17	18	19
20	21 Aurora Leadership Session 2	22	23	24	25	26
27	28	29	30	31	1	2

notes:

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Child Care

The YMCA is the largest provider of child care in northern BC. Infant Toddler, Group 3 -5 and School Age programs develop imagination, encourage learning and promote life skills and positive values. Our centres are clean, safe and comfortable with quiet spaces for rest as well as both indoor and outdoor play experiences.

PAGE 18

AUGUST

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
3	4 BC Day	5 Fall Program Registration Opens Aurora Leadership Session 3	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

notes:

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Fitness and Recreation

Since 1964, we have helped thousands of people get healthy in our fitness classes, recreation programs and volunteer opportunities. YMCA staff are certified fitness and recreation experts who design programming that is age-appropriate, healthy and fun.

PAGE 20

SEPTEMBER

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Labour Day	2	3	4	5	6
7 Grandparent's Day	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22 First Day of Fall	23	24	25	26	27
28	29	30	1	2	3	4

notes:

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Global Initiatives

Our YMCA is one of five in BC that work together to financially support the work of the YMCA in Ethiopia. Our efforts are in the area of health with a focus on HIV/AIDS. Over the last seven years, our funding has supported training to over 27,000 teenagers in HIV/AIDS education and youth leadership. PAGE 22

OCTOBER

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 YMCA Canada CEO Scott Haldane Luncheon	2	3	4
5	6	7	8	9	10	11
12	13 Thanksgiving	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31 Halloween	1

notes:

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We never met a kid whose potential we couldn't see!

Building Potential

At the YMCA, we never met a kid whose potential we couldn't see. Because the one thing about potential is you don't want it to stay potential. You want it to become everything it can be.

PAGE 24

NOVEMBER

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2 <small>Daylight Savings Time Ends</small>	3	4	5	6	7	8
9	10	11 <small>Remembrance Day</small>	12	13	14	15 <small>National Philanthropy Day</small>
16	17	18-20 YMCA Peace Week!			21	22 <small>National Child Day Celebrations</small>
23 30	24	25	26	27	28	29

notes:

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www.nbcy.org



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Join us, we're here for good!

Join Us, We're Here for Good!

Looking for a career, not a job? We offer our employees competitive wages and complimentary YMCA memberships. The YMCA of Northern BC offers the opportunity to join a strong and exuberant team in a workplace that embraces the core YMCA values of respect, honesty, caring, and responsibility. PAGE 26

DECEMBER

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Winter Program Registration Opens	2	3	4	5 International Volunteer Day	6
7	8	9	10	11	12	13
14	15	16	17 Hanukkah Begins	18	19	20
21 First Day of Winter	22	23	24 Christmas Eve	25 Christmas Day - YMCA Closed	26 Boxing Day	27
28	29	30 Our 50th Birthday!	31 New Year's Eve	1	2	3

notes:

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www.nbcy.org



Financial Assistance

The YMCA of Northern BC believes everyone should have the opportunity to take part in our programs and enjoy our facilities and services. Financial assistance is available for those who feel they would benefit from joining the YMCA but are financially unable, not unwilling, to pay full membership or program fees.

Please visit our Member Services desk to pick up an application form and schedule an appointment for an interview. The YMCA of Northern BC Assisted Membership Program is made available through contributions from our YMCA family, which includes members, volunteers and donors.



Opportunities to Give

Each year, over 200 individuals donate their time and talents to the YMCA of Northern BC.

Volunteer positions include teaching fitness classes, providing guidance through our YMCA board, facility maintenance, special events and so much more. A volunteer must contribute a minimum of one hour per week.

Please visit www.nbcy.org for information and current volunteer postings.



YMCA of Northern BC

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1964 - 2014

We are everywhere!

PO Box 1808
2020 Massey Drive
Prince George, BC
V2L 4V7

Phone: (250) 562-9341
Fax: (250) 564-2474
Email: myymca@nbcy.org

PRINCE GEORGE

CHILD CARE RESOURCE & REFERRAL

CCRR

2020 Massey Drive

SIMON FRASER LODGE

2410 Laurier Crescent

YOUTH AROUND PRINCE (YAP)

1160 7th Avenue

YMCA

2020 Massey Drive

St. Giles Presbyterian Church

1500 Edmonton Street

Harwin Elementary

1193 Harper Street

Westwood Elementary

2633 Vanier Drive

YMCA Highland

155 McDermid Drive

Immaculate Conception Elementary

3285 Cathedral Avenue

Ecole Lac des Bois/Lakewood

4131 Rainbow Drive

Ospika - Westwood Church

2658 Ospika Boulevard

VANDERHOOF

Vanderhoof Gospel Chapel

448 Connaught Street