



**YMCA of
Northern BC**
Celebrating 50 Years
1964 - 2014

*Building healthy
communities!*



YMCA of Northern BC Annual Report 2013-2014



A Message from the YMCA Board of Directors and CEO

2014 has been a landmark year for the YMCA of Northern British Columbia. It marked our 50th anniversary in Prince George which in itself is a remarkable accomplishment. It reinforces one of our mottos: "You know we'll always be here!"

There were some remarkable events and accomplishments this year:

- We opened child care in Vanderhoof, meeting a long term community need by supporting working parents by providing them high quality care for their children.
- We were the recipient of TWO Provincial Child Care Awards; one was awarded to the YMCA for Innovation in Child Care; the other was awarded to our Director of Child Care Services, Lynette Mikalishen, as an emerging leader in the child care field.
- We were awarded the District of Vanderhoof's Recreation Services contract. We are excited to deliver many great health and wellness programs to the community such as art, parent-tot drop in, Professional Development Activities and so much more.
- Our fitness membership reached more than 5100 in November, a number higher than any other fall month in our 50 year history; the number of our members that consistently remain with us is at an all time high.
- In celebration of our 50th anniversary, we brought Clara Hughes, the most decorated Olympian in Canadian history, to Prince George, for events including an inspirational appearance before more than 1000 students and many hundreds more all over Northern British Columbia, connected via live stream.

At least equally as important was all the work our staff and volunteers continue to do each day of every week during the year, work that needs an equal amount of celebration and recognition:

- Recreation for seniors, both at our Massey Drive location and at off-site care facilities; care that includes services for people living with dementia and related challenges and people struggling with mobility issues and confined to wheelchairs.
- Services to marginalized young people at "Youth Around Prince" in a concerted effort to empower high risk youth through facilitating connections to needed services and resources.
- Child care at 8 locations within the City of Prince George and in Vanderhoof. We also supported over one hundred families in need of child care during the time of job action in June and September.
- A modern up to date fitness facility with lots of choices for individual conditioning as well as more than 60 group fitness classes a week.

The coming year will present a great deal of challenge and opportunity for the board and CEO of the YMCA of Northern British Columbia.

One of our goals is to complete our work in applying for accreditation from Imagine Canada. If we are successful, this will be an affirmation and certification that the YMCA of Northern British Columbia maintains and upholds the highest standards of good governance for a charitable organization.

The Board will also work toward developing a philanthropy plan and strategy to ensure we can continue to provide all of the services we provide in northern British Columbia.

And finally, we are moving into an era where governments of all levels are being challenged to provide the services which the public demands at a price we can all afford. In that environment, governments are looking for partnerships to provide many of the services at which the YMCA excels ~ child care, fitness, helping seniors, youth and children. The YMCA of Northern British Columbia is uniquely positioned to participate in those partnerships and will, with great care and diligence, pursue those possibilities.

We look forward to continuing to serve all our members and commit to make our best efforts in providing the highest level of service possible.

2014 Board Members


Board Chair:	Rob Traxler	Directors:	
Past Chair:	Pat Flack	Nicole Federucci	Jennifer Sills
Secretary/Treasurer:	Amarjit Garcha	Jennifer Dungate	Mike Stevenson
Vice Chair:	Brad Halsey	Bruce Siddall	Mark Wessner



Financial Highlights

Summary of YMCA of Northern BC Financial Statements Years ended August 31

	2014	2013
Operations		
Revenue	\$ 4,666,717	\$ 4,246,547
Expenses	<u>\$ 4,748,795</u>	<u>\$ 4,304,940</u>
Net	\$ (82,078)	\$ (58,393)
Investment in Capital	\$ 90,160	\$ 321,367
Balance Sheet		
Current Assets	\$ 933,445	\$ 773,618
Capital Assets	<u>\$ 2,814,137</u>	<u>\$ 3,034,765</u>
Total Assets	\$ 3,747,582	\$ 3,808,383
Current Liabilities	\$ 509,504	\$ 410,899
Long Term Debt	\$ 1,365,456	\$ 1,444,580
Net Assets	<u>\$ 1,872,622</u>	<u>\$ 1,952,904</u>
Total Liabilities	\$ 3,747,582	\$ 3,808,383



2014 financial highlights were extracted from Annual Report Statements audited by Dean Mason & Co. Chartered Accountants. A copy is available upon request.

Donors

Anonymous
Alex Harris
Alfredo Pascuzzi
Alice Graham
Alinda Ware
Allen Creuzot
Alrene Byron
Amanda Alexandar
Andrew Smith
Anglea Lesniewicz
Anita Bedard
Anna Pettorosso
April Manning
Arlene Byron
Barb Wilcher
Barry Colebank
Beth Summers
Bob D'Auray
Bonnie & Bill Brown
Brad Halsey
Brenda Solmonson
Brent Morgan
Brooke Simpson
Carol Moore
Cathy Nelson
Charlene Harris
Cheryl Green
Cheryl Mcfadyen
Cheryl Sparks
Cheryl Wallace
Chris Kinch
Clement Lasaga
Colleen Bush
Collette Desautels
Connie Vincent
Corrine Hemeryck
Craig Somerville
Dallas Halldorson
Damian Meehan
Dan Dagas
Dan O'Donnell
Darlen Wage
Dave Halley
Dave Stewart
Deanna Carter
Debie Hamilton

Dennis Anderson
Dick Voneugen
Donna Maskell
Donna Rowe
Donna Stemlock
Donna Zellman
Doreen Dunn
Dori Alger
Doug and Kate Robertson
Elaine Harding
Elaine MacPherson
Elan Ingham
Elizabeth Stafford
Elke Kostian
Eric Korum
Erica Schroeder
Eve Johnson
Fran Heighington
Gail Mason
Geoff Hughes
Glen Doll
Hans Rasmusson
Hiroko Walters
Hong Trieu
Hugo Hunter
Jackie Barbondy
James Pitcher
Janet Fry
Janet Gomes
Jason Lebond
Jed Zimmerman
Jeff and Dawn Thoriabert
Jen Nelson
Jenna Johnston
Jennifer Scott
Jessie Loseth
Jim Bodenham
Joanne Booth
Jodi Penttila
Jody Tindili
John Bennet
Josh Van der Meer
Juliette Repole
Karen Grayston
Karin Dayton
Karyn Kofoed
Kate Green
Kathy Baker

Kelli Moorhead
Ken Dueck
Ken Schmitz
Kerri Roberts
Kerri Solmonson
Keven Braet
Kim Brown
Kim James
Kristi Hooper
Kristin Holland
Kristine Hansen
Lani Morden
Larry Bouchard
Laura Brough
Lee Davidson
Len Harris
Lisa Binns
Lisa Pullman
Liz Rocha
Lori Seebach
Lorna Grant
Lorraine Pohynayko
Louis Kerr
Lyle Daly
Lynette Mikalishen
Lynn Andersen
Margaret Johnston
Maria Morden
Marian Windaaber
Mark Wessner
Marni Hamagami
Marten Lacasse
Mary Bertulli
Meg Imrich
Meghan Higgs-Glover
Michael Petresco
Michal Ilderton
Mike Stevenson
Natalie Bartlett
Nicole Federucci
Nicole Laferriere
Nives Pastro
Noeda Blanchard
Noella Resendes
Norm Schmitz
Owen Corcoran
Pat Davidson
Pat Flack

Pat Nahragang
Pat Piche
Patrick Turner
Penny Cartwright
Penny Jones
Penny Stewart
Randy Callan
Randy Seabrook
Rena Kaplan
Rob & Pat Johnson
Robert Lane
Robert Traxler
Rod Bellman
Rosaleen Scoullar
Ruth Carson
Scott Bone
Scott Norgren
Shannon Johnson
Shari Uhrich
Sharon Pepper
Stephanie Mikalishen
Stephen Bailey
Sue McAllister
Susan Tait
Suzanne Minck
Swaran Parmar
Tamara Goerz
Tara Bogh
Terri McConnachie
Tim Bennett
Tim Prentice
Tricia Knox
Valerie Collins
Valerie Sinclair
Vera Dela Cruz
Veronica Brown
Vic and Phyllis Thoriabert
Vicki Walch
Vivian Cook
Vivienne Wilson
Walter Chen
Waste Bin Waste
Wendy Lane
Willis Vincent
Willow Mundreon
Yvonne Parkinson
Zandra Ross

Corporate Partners & Donors

A Bid for Change
Aimhi
Alzheimer's Society
BC Community Response Network
BCGEU Area II
Better at Home
Canada Winter Games (2015)
Canadian Tire
Childhood Obsetiy Foundation
Chinook Scaffolding
City of Prince George
College of New Caledonia
Commonwealth Financial
Cotton Wood Landscaping
Dean Mason & Co
District of Vanderhoof
Earls Kitchen & Pub
FMC Corporation
Fortis BC
Garrett McComb Memorial Fund
Girl Guides of Canada
Hamber Foundation
HSBC
Hummus Brothers Tapas Bar
Immigrant and Multicultural Services Society of PG
Intact Foundation
Integris Credit Union
IRL Signs
Jim Pattison Broadcast Group
Jumpstart
Kiwanis Club of Prince George
Knights of Columbus #8927
Larrys Heavy Hauling
Ministry of Children and Family
MNB Enterprises
Nechako Rotary Club
Nexen Inc.
Nisga'a Valley Aboriginal
Northern Development Initiative Trust
Northern Electric
Northern Gateway
Northern Health - Imagine Grants
Northern Interior Children First Initiative
Northland Hyundai
Papyrus Printing
Phoenix Transition Society
PG Floor Fashions
PG Seventh Day Adventist ADRA Crew
Prince George Chamber of Commerce
Prince George Citizen
Prince George Community Foundation
Prince George Council of Seniors
Prince George Youth Soccer Association
Province of British Columbia
Raise a Reader Fund
RBC Foundation
RHB Schmitz deGrace Chartered Accountants
Rona
Rotary Club of Prince George
Royal Bank
Ryan Shiels Memorial Fund
Save On Foods
School District 57
Scotiabank
Simon Fraser Lodge
Snaring River Holdings Ltd
Spectra Energy
Splash Media Group
Spruce City Lions Club
Telus
The Coast Inn of the North
The Leon and Thea Koerner Foundation
Tire Stewardship BC
Traxler Haines Barristers & Solicitors
Truesport
United Way of Northern BC
University of Northern BC
Vancouver Foundation
Vanderhoof & District Co-op
Vanderhoof Success by 6
VISTA Radio
Westcana Electric
Wingham Law Corporation
YMCA of Greater Vancouver

Program and Service Volunteer Awards

Fitness- Anita Kashmark

Anita has been a volunteer in the Fitness department since 1999. She teaches from early in the morning to the evening, eager to fill in when needed. Anita is beautiful and mighty and it inspires participants to work hard, build strength and keep going. She has a kind soul and is supportive of all people no matter who they are and what their story is. Anita stays on top of the latest fitness science and trends, incorporating concepts into her programs to make them challenging and interesting.

Membership- Rudy Zellman

Rudy has volunteered in membership services since November 2010 alongside his wife, Donna. Rudy is always busy, cleaning windows/doors/mirrors/counters/turnstiles, etc. Rudy also accesses members into the building, and keeps up with the towels by circulating through the building. Rudy will take on any task- he has even washed down walls in the men's change room. Rudy always brings any concerns forward. He is a hard worker and takes pride in his efforts.

Recreation- Alexandra Yule

Alexandra joined the YMCA as a volunteer teaching Jazz to children and youth in spring 2014. She has a strong passion for dance, philanthropy and youth, and has an infectious energy about her. Alex is always looking for ways to become involved in the YMCA further and took a leadership role in our World Challenge 2014 event by volunteering to choreograph and train a large number of participants in a flash mob dance. Alex also came out for the entire World Challenge event and helped to collect signatures in support of global youth empowerment.

Child Care- Rupinder Sandhu

Rupi has been a volunteer at Tiny Y Preschool for many years. She cleans all the classroom toys and equipment to ensure a truly healthy environment. Rupi's dedication to the program allows the staff to focus all of their time and attention on the children. As a caring and friendly volunteer, she is appreciated by the children and the staff who love when she joins them for circle time!

Association Services- Donna Stemlock at SFL

The Association Services Program Volunteer Award recipient is Donna Stemlock. This ten year Simon Fraser Lodge volunteer spends her time listening and providing quality company to the residents. Donna is a self initiator and has made friends throughout the entire facility. Donna is a true YMCA gem with a heart full of compassion and commitment.



Spirit Volunteer: Susan Klein

Susan is the spirit of the Y! Her beautiful smile is reflective of the kind and gentle spirit within. She is authentic, constantly positive, and demonstrates the Y values in every interaction with members. Susan's classes are high energy, fun, and always full! She makes herself available to answer questions and listen to people's stories. The warmth and acceptance given in interactions with others, empowers, encourages and inspires them.

Youth Volunteer: Robin Keahey

Robin joined the Y volunteer force as a Counselor-In-Training at Camp Kanannaq during the 2014 season. Since her time at camp, Robin continually supports Y events and initiatives in any way possible. Robin is always the first to volunteer for any task. She is a favorite among campers and staff as she has a strong work ethic and a exuberant enthusiasm that embodies the YMCA core values. Robin is an exemplary youth and wonderful role model who is both a team player and a born leader. She has a deep care for all those of which she comes in contact and her smile truly brightens every room.

Fundraising Volunteer: Brad Halsey

Brad not only joined the Board of Directors this year, he also stepped up to provide leadership as our Vice Chair! This is typical of Brad as thus far, there hasn't been anything that he hasn't been willing to do to support our Association. Brad is a quiet, but powerful role model with fundraising. He not only gives generously personally, but he is also willing to ask others to support the YMCA. This year, he gave multiple days/ evenings of his time to personally raise funds for our Strong Kids Fundraiser. In addition, he has volunteered his holiday time to be one of our representatives attending NAYDO with the goal of supporting the philanthropic growth of our YMCA as he knows and values the power of our mission driven work.

Volunteer of the Year: Laura Brough

Laura Brough is an enthusiastic fitness volunteer that teaches nine classes a week. She has a talent that enables her to teach both new and experienced participants at the same time, making them feel welcome and motivated. Since 1998, she has inspired and encouraged many participants to reach their fitness goals. Furthermore, Laura has mentored many new instructors to launch them on a successful fitness journey. Having Laura supports our goal of service excellence as all her programs exceed the current professional standards.



2014 Accomplishments

2014 was an exciting year for the YMCA of Northern BC.

We celebrated our 50th Anniversary and had many accomplishments to accompany such a celebration!

Awarded the Vanderhoof Recreation Service Contract

Opened Child Care in Vanderhoof

Held a special YMCA Anniversary event with guests Clara Hughes and Scott Haldane reaching over 2000 students in PG and throughout Northern BC

Hit a record breaking 5,000+ YMCA members this fall

Saw over 7,800 visitors to the REC Room and more than 350 youth took part in recreational activities

Sent over 60 fitness staff and volunteers to a two day leadership conference

Help 170 youth find jobs, a place to live, or get an education through Youth Around Prince

Awarded the City Skating contract and taught 188 kids to skate

Camp Kanannaq scored 97% in safety; the highest in the country

Received the 2014 Child Care Award of Excellence

Partnered with the 2015 Canada Winter Games by sponsoring the Mascot, Nanguz

Our Director of Child Care Services, Lynette Mikalishen, received an award as an emerging leader in the child care field

